

SHAMANIC JOURNEY TO
PERU
Sept 15-26, 2010
and
ARCHAEOLOGICAL
OPTION TO CARAL, the
oldest city in the Americas.

With
Amaru Li,
Peruvian Shaman
&
Mary Lomando, Astrologer

PERU
SHAMAN JOURNEY
MACHU PICCHU

PERU 2010
Send \$500 deposit to:
Mary Lomando
2304 South Cypress Bend
Apt 612
Pompano Beach 33069 Fl
Contact : (954)972-5891
email:
mlomando@bellsouth.net

SHAMANIC JOURNEY TO PERU -Sept 15 -26 , 2010

Cusco – Sacsaywaman -Pisac – Ollantaytambo - Sacred Valley Of The
Incas - Machupicchu – **\$3888**

SPECIAL 2 Day ARCHAEOLOGICAL OPTION TO CARAL, THE MOST
ANCIENT City in the Americas” –**Sept 26-28, 2010**

With: Amaru Li,
Peruvian Shaman and Mary Lomando, Astrologer

Day 1. Sept 16 - Thursday – ARRIVAL LIMA FROM USA – LIMA

You will be met upon your arrival in Lima and escorted to our hotel
in Miraflores, which means “see the flowers”.
Afternoon visit to the Lima Archaeological Museum for an overview
of pre-Inca and Inca cultures. Group Dinner at Rosa Nautica
Restaurant overlooking the Pacific Ocean.



Day 2 – Sept 17– Friday- Lima- Cusco

Breakfast at our hotel. Early morning flight to Cuzco, the ancient
capital of the Inca Empire. We will be transferred from Cusco
airport to our Hotel in Sacred Valley. Relax, and sip Coca tea to
adjust to the altitude. Group Lunch. Free afternoon. Amaru will be
available for private session (pre-booked). Fire ceremony after
dinner. Overnight Sacred Valley. (B, L, D)



Day 3 – Sept 18 – Saturday – Sacred Valley - Pisac

Breakfast in our Hotel. We will take our bus to Sacred Valley. We
will visit the traditional Indian Market at Pisac which is full of local
color, music and hand-made artifacts. (Lunch break) We will visit
the site of the Falcon, the Inca's Medicine Bird. We will make a
Coca leaf offering for personal and planetary integration.
Afternoon group dinner and gathering. Overnight Sacred Valley
(B,L,D)



Day 4 – Sept 19– Sunday -Sacred Valley

Breakfast in our Hotel. Free day for private sessions and preparing
despacho offering for our Full Moon ceremony at Machu Picchu.
Group dinner and gathering. Overnight Sacred Valley (B,L,D)



Day 5 –Sept 20 - Monday - OLLANTAYTAMBO

We will travel to Ollantaytambo. Our day will consist of a hike to
the amazing Temple of the Sun and a shamanic meditation at the
sacred waters. We will work to reconnect our vortices of energy
with the elemental forces of Nature. Overnight Sacred Valley
(B,L,D)



Day 6 – Sept 21 –Tuesday- MACHU PICCHU

Breakfast at hotel. We will transfer to the train for our journey
through Sacred Valley to Aguas Calientes, which means “hot
water”. Hotel check in at Aguas Calientes, we take the bus up the
mountains to the Lost City. After lunch we explore the main power
spots and temples of the Sacred Crystal City. Amaru will guide our
explorations through the ancient citadel known as the Crystal City.
Overnight Aguas Calientes (B,L,D)



SHAMANIC JOURNEY TO
PERU
Sept 15-26, 2010
and
ARCHAEOLOGICAL
OPTION TO CARAL, the
oldest city in the Americas.

With
Amaru Li,
Peruvian Shaman
&
Mary Lomando, Astrologer

PERU
SHAMAN JOURNEY
MACHU PICCHU

PERU 2010
Send \$500 deposit to:
Mary Lomando
2304 South Cypress Bend
Apt 612
Pompano Beach 33069 Fl
Contact : (954)972-5891
email:
mlomando@bellsouth.net

Day 7 – Sept 22 - Wed - SPRING EQUINOX - MACHU PICCHU
Breakfast at the Hotel, Time for personal exploration, hiking to the Sun Gate or Wayna Picchu , meditating and communing with the Ancient Ones. We will offer our despacho to the Pacha Mama in celebration of the Spring Equinox/full Moon. (B,D)

Day 8 – Sept 23 – Thurs –FULL MOON - MACHUPICCHU - CUSCO

For those who wish, there is an optional (early morning) third visit to Machu Picchu Time to ground the intense fire energies of the Full Moon in Aries and the Spring Equinox. Or you may rest, meditate or spend time on your own before our train ride back to Cusco. Group dinner. Overnight Cusco (B,D)

Day 9 – Sept 24 – Friday - CUSCO

Breakfast at our hotel. Then, we will visit the ancient resting place of the Inca Solar Disk in Koricancha, the Temple of the Sun. "Korikancha" means "enclosure of gold" in the ancient language, and this temple was the religious center of the Inca Empire. We will explore the city of Cusco with plenty of time for shopping and enjoying its good food and music. Overnight in Cusco. (B,D)

Day 10– Sept 25– Saturday– Cusco

After Breakfast at our hotel, we will take our bus for a City tour to Saqsayhuaman, one of the most astounding architectural wonders of the Inca Empire. We will also make a pilgrimage to the the mysterious, Quen'ko (Temple of the Earth Mother)to receiver her Blessing.

Farewell dinner at a traditional Cusco restaurant. Overnight in Cusco (B,D)

Day 11- Sept 26 – Sunday – Cusco- Lima

FLIGHT TO LIMA FOR INTERNATIONAL CONNECTIONS and CARAL ARCHAEOLOGICAL OPTION

DAY 1: Sept 26 – Sunday – Caral

After breakfast at our hotel, we will depart by a/c bus to Caral, the most interesting (and untouched) archaeological discoveries in the New World. Caral is the oldest pre-Inca site in S. America (approx 3,000 years BCE) and concurrent with Old Kingdom Egypt. This is NOT a typical tourist destination, but a working archaeological dig in progress. Overnight lodgings will be near the archaeological site (comfortable, but rustic). (B, L, D)

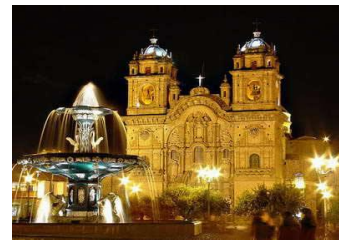
DAY 2: Sept 27- Monday– Caral

More exploration with local archeologist on-site. We depart for Lima via our a/c bus. Group Dinner in Lima. (B, L, D) FOR THOSE WITH LATE P.M. CONNECTIONS TO U.S. FLIGHTS, YOU WILL TRANSFER TO LIMA AIRPORT.

FOR THOSE WITH MORNING FLIGHTS ON THE 29TH, YOU WILL REQUIRE ONE ADDITIONAL NIGHT IN LIMA.

DAY 3: Sept 28 – Tues - Lima

Departure flights from Lima to U.S.



SHAMANIC JOURNEY TO
PERU
Sept 15-26, 2010
and
ARCHAEOLOGICAL
OPTION TO CARAL, the
oldest city in the Americas.

With
Amaru Li,
Peruvian Shaman
&
Mary Lomando, Astrologer

PERU
SHAMAN JOURNEY
MACHU PICCHU

PERU 2010
Send \$500 deposit to:
Mary Lomando
2304 South Cypress Bend
Apt 612
Pompano Beach 33069 Fl
Contact : (954)972-5891
email:
mlomando@bellsouth.net

TOUR COST \$3888 Deposit of \$500 required with Registration *Full payment due 60 days prior to arrival in Lima, Peru.* \$3888 per person double occupancy (based on a minimum of 10 persons) Single Supplement add \$650
CARAL OPTION: \$400 PER PERSON (\$450 Single)

Trip Includes:

- *ALL Domestic Airfares within Peru
- * All Group Airport/hotel transfers
- * All hotel accommodations with meals as indicated on itinerary
- * All transport within Peru (Air, train, & bus)
- * Tipping for Baggage & Bus Drivers
- *All entry tickets to sites as indicated on itinerary
- * 2 Entry tickets to Machu Picchu

Not included:

- *International Airfare to Peru
- *Airport Departure Taxes (\$37)
- * Extra fees for overweight baggage or extra pieces
- * Personal Services (massage, healing sessions, private readings & tips for providers)
- *Tipping for local guides

GENERAL INFORMATION will be mailed upon registration. NO visa is required for U.S citizen entry into Peru. Valid passport is necessary with a minimum of 6 months before expiration. No vaccinations are necessary for travel in Peru at this time. TRAVEL INSURANCE IS STRONGLY RECOMMENDED and information will be sent upon registration. A RECOMMENDED GROUP FLIGHT FROM U.S. to Lima will be announced (departing from Miami). You do not need to book this flight. It is only a recommendation, as you are responsible for your own international air arrangements. If you fly into Lima on another flight (not with the group), your airport transfer to our nearby hotel will be arranged by our tour operator at an additional fee of \$20 p/p, which is about the same as the cost of a taxi and much safer. International air confirmation is NOT required prior to registering for this trip. You will send your complete flight details once they have been confirmed. An extra night may need to be booked in Lima (for those on the Lake option) depending on your international return. PLEASE remember to check your itinerary details closely, as some flights leave just after midnight, which means you will need to check in at the Lima International terminal the night BEFORE your actual ticket departure date. Once again, if you are not on the recommended group return flight, a private airport transfer will be arranged for \$20. Airport departure tax of \$35 to be paid at the Lima airport upon LEAVING Peru.