

EQUINOX JOURNEY  
TO PERU 2011:  
CONNECTING THE  
STARGATES

Sept 15-26, 2011

Including CARAL the  
oldest city in the Americas.

With

Amaru Li,  
Peruvian Shaman

&

Mary Lomando, Astrologer

PERU  
SHAMAN JOURNEY  
MACHU PICCHU

PERU 2011

Send \$500 deposit to:

Mary Lomando

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EQUINOX JOURNEY TO PERU 2011:  
CONNECTING THE STARGATES

September 15– Sept 26, 2011

Cusco – Sacsaywaman -Pisac – Ollantaytambo –  
Sacred Valley Of The Incas - Machupicchu –  
Including “Lost City “ of Caral \*

With: Amaru Li,

Peruvian Shaman and Mary Lomando Astrologer

**Day 01. Sept 15 - Thurs – ARRIVAL LIMA from US flights.**

Group arrives in Lima and will be assisted by Amaru at the airport to pick you up and take you to our Hotel.

O/N Lima , (B, D)

**Day 02. Sept 16 – Fri - Day Tour Lima**

**Breakfast at hotel in Miraflores.** We will visit the archaeological museums of Lima to view the highlights of Inca and pre-Inca culture.

Group Lunch. Evening lecture with Amaru & Mary on Caral, the oldest city in South America (B, D)

**Day 03 – Sept 17– Sat - Caral**

Early breakfast at hotel. We travel by private bus to Caral archaeological excavation north of Peru. Lunch. Return back to Lima. Overnight hotel in Lima.

(B, L)

**Day 04 – Sept 18 – Early morning flight to Cusco.**

After arriving at Cusco airport, we will be transported by bus to our in the Sacred Valley of the Incas. After check-in we will rest and have lunch. Walking the gardens surrounded by the Spirits of the Andean mountains (“Apus”) is an incredibly healing experience. All food served at Lodge is 100% organic and grown on their land with loving care and respect to the Pacha Mama. Here, at Lodge we begin our “awakening” of the Light Body codes in a very healing and blessed environment. Group meeting. Dinner and overnight at Lodge. (B, L, D)

This is a day of healing and integration. We will have an early morning “Munay” or Sacred Energy Awakening session with Amaru ( Andean breathing practice similar to yoga and tai chi, which opens the circuitry of the Light Body, but is also very grounding). This is in preparation for our “ascending” to higher altitudes at Machu Picchu. Optional day hikes, Coca leaf readings, body massage, and Volgel crystal healing bed are available at Wilka Tikka by appt. Private Sessions with Amaru may be booked prior to trip departure. (Details will be sent upon registration). Dinner at hotel. Mary will be sharing her insights on the archaeo-astronomical connections between the ancient Egyptian and Peruvian lineages. Overnight WilkaTikka (B, L, D)



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### Day 05 - Sept 19 - Sacred Valley

After breakfast at our hotel, we depart for Pisac market, which is a colorful traditional open air Indian market famous for its traditional weavings, hand-made jewelry, artifacts, and local food. Optional trek after lunch to the Inca Sun temple of Pisac. (This hike is considered "moderately strenuous, 3-4 hours, and requires comfortable hiking shoes). Pisac is famous for the circular agricultural terraces built by the Incas, and the views from the mountaintop are spectacular. We will return to hotel for dinner. (B, D)



### Day 06 - Sept 20 - Ollantaytambo

After breakfast at our hotel, we depart for Sacred Valley and the Temple of Ollantaytambo. We will visit the megalithic Sun Temple (or portal) at Ollantaytambo, which is reminiscent of Egyptian stonemasonry and quarried from massive stone blocks miles away and transported up to the mountaintop. We will experience a Shamanic Water blessing & purification ceremony at Inca's ceremonial baths with Amaru. Dinner at hotel. Group meeting with Mary and Amaru. Overnight Wilka Tikka. (B, L, D)



### Day 07 - Sept 21 - Sacred valley

Sacred Valley. Breakfast at hotel. This is a free day of rest and integration in preparation for our initiation at Machu Picchu. Optional Shamanic healing work and sharing of the sacred plant medicine teaching with Amaru. For those wishing to do the plant ceremony, you must speak with Amaru upon registration. Dinner at hotel. Overnight Wilka Tikka. (B, L, D)



### Day 08 - Sept 22 - Aguas Calientes

Breakfast at hotel and check out. We will transfer to the train for our journey through Sacred Valley to Aguas Calientes, which means "hot water". Here, we will check into the Hotel at the base of Machu Picchu. Free exploration the city of Aguas Calientes; shop and take in the gorgeous views of the Machu Picchu area. Overnight Aguas Calientes. (B, D)



### Day 09 - Sept 23 - Machu Picchu - Spring Equinox

Breakfast at hotel. We will spend the entire day at Machu Picchu for the Spring Equinox. We will take the bus up the mountains to the Lost City and explore the main power spots and temples of the Sacred Crystal City with Amaru. Mary will explain the astrological and astronomical signatures found here, as well as the connections between the ancient Egyptian and Incan cosmologies. There will be ample time for meditation and exploring on your own. Overnight Hotel in Aguas Calientes (B, D).



### Day 10 - Sept 24 - Aguas Calientes - Cusco (buffet)

After breakfast, we journey back to Cusco. Check into our hotel in the main city of the Inca Empire, the city of the Puma. We will visit the Inca Sun Temple of Korikancha, which means "Enclosure of Gold". This was the most important temple of the Inca Empire, and it was here that the Inca rulers kept their famed "Golden Disc of the Sun". Mary will explain the archaeological correlations between Korikancha and the Valley Temple of the Sphinx at Giza. Overnight Cusco. (B, L)



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### Day 11 - Sept 25 - Cusco

**Breakfast at hotel.** After breakfast, we will explore the sacred areas of Cusco: the TEMPLE OF THE HEART; the TEMPLE OF THE MOON; SACSAYHUAMAN and Kenko, dedicated to the PachaMama. Afternoon free for shopping and lunch on your own. Group Farewell Dinner. Overnight in Cusco. (B, D).



### Day 12 - Sept 26 - Monday Cusco - Lima

After breakfast, transfer to Cusco airport for flights to Lima. Transfer to international flights. For those that need an additional hotel booking for international flights, arrangements will be made in advance with Mary. Please remember that you will be charged an airport departure tax of \$37 cash only upon leaving Peru. You must show passport and ticket at this time. (B)

**Above itinerary may be subject to change.** TOUR COST \$3888 Deposit of \$500 required with Registration *Full payment due 60 days prior to departure.*

**\$3888 per person double occupancy (based on a minimum of 10 persons) Single Supplement add \$650**

#### Trip Includes:

- \*ALL Domestic Airfares within Peru
- \* All Group Airport/hotel transfers
- \* All hotel accommodations with meals as indicated on itinerary
- \* All transport within Peru (Air, train, & bus)
- \* Tipping for Baggage & Bus Drivers
- \*All entry tickets to sites as indicated on itinerary

#### Not included:

- \*International Airfare to Peru
- \*Airport Departure Taxes (\$37)
- \* Extra fees for overweight baggage or extra pieces
- \* Personal Services (Plant Ceremony, healing sessions with Amaru, private readings with Mary)
- \*Tipping for local guides

GENERAL INFORMATION will be mailed upon registration. NO visa is required for U.S citizen entry into Peru. Valid passport is necessary with a minimum of 6 months before expiration. No vaccinations are necessary for travel in Peru at this time. TRAVEL INSURANCE IS STRONGLY RECOMMENDED and information will be sent upon registration. A RECOMMENDED GROUP FLIGHT FROM U.S. to Lima will be announced (departing from Miami). You do not need to book this flight. It is only a recommendation, as you are responsible for your own international air arrangements. If you fly into Lima on another flight (not with the group), your airport transfer to our nearby hotel will be arranged by our tour operator at an additional fee of \$20 p/p, which is about the same as the cost of a taxi and much safer. International air confirmation is NOT required prior to registering for this trip. You will send your complete flight details once they have been confirmed. An extra night may need to be booked in Lima (for those on the Lake option) depending on your international return. PLEASE remember to check your itinerary details closely, as some flights leave just after midnight, which means you will need to check in at the Lima International terminal the night BEFORE your actual ticket departure date. Once again, if you are not on the recommended group return flight, a private airport transfer will be arranged for \$20. Airport departure tax of \$35 to be paid at the Lima airport upon LEAVING Peru.